

FRIDAY OCTOBER 17, 2025

Event	Time	Speaker and Topic	Location
Registration	7:30 a.m.-5:00 p.m.		
Symposium 1	8:00 a.m.-9:00 a.m.	<b>Religious Observation and its Impact on Athletic Performance Sponsored by IJES</b> Kimberly Feiler, PhD, and Robert Thomas, PhD La Sierra University  Shareef Amer California State University, San Bernardino	
Symposium 2	8:00 a.m.-9:00 a.m.	<b>An Update on Plant Proteins for Muscle Recovery</b> Allison Contillo, PhD, RDN Gatorade Sports Science Institute Speaker	
General Session DB Dill Lecture	9:15 a.m.-10:45 a.m.	<b>Title TBD</b> Carrie Jawarski, PhD, FACSM National ACSM President	
Undergraduate Student Research Competition	11:00 a.m.- 12:30 p.m.	<b>Undergraduate Research Competition</b>	
Symposium 1	11:00 a.m.-12:30 p.m.	<b>Emerging Methods of Exercise Testing and Prescription for Athletes</b> Robert Pettitt, PhD and Nicholas Jamnick, PhD	
Symposium 2	11:00 a.m.- 12:30 p.m.	<b>From Southwest to the Hill: Health Science Policy in Washington DC</b> Christopher Berger, PhD (Craig Stevens, Monte Ward)	
LUNCH	12:30 p.m.- 1:45 p.m.	See website for nearby restaurants	
Graduate Student Research Competition	1:45 p.m.-3:15 p.m.	<b>Graduate Research Competition</b>	
Symposium 1	1:45 p.m.-3:15 p.m.	<b>Health Effects of Cannabis</b> Matt Schubert, PhD, California State University, San Marcos Whitley Stone, PhD, Western Kentucky University, and Whitney Ogle, PhD, Cal Poly Humboldt	
Postdoc and Early Career Investigator Spotlight	3:30 p.m.-5:00 p.m.	<b>Postdoc and Early Career Investigator Spotlight</b>	
Symposium 1	3:30 p.m. -5:00 p.m.	<b>The Strong Youth Project: Promoting Physical Activity Education, Translational Research, and Programming for Youth</b> Matthew K. Seeley, PhD, LeighAnne Paulson Jodie Jensen, Carrie Jaworski, PhD	
Faculty Social	4:00 p.m.-5:00p.m.	<b>Network &amp; Connect</b> <i>*Limited to Faculty &amp; Professionals</i>	
Poster Session 1	5:00 p.m.-7:00 p.m.	<b>Poster Session</b>	
JEOPARDY	7:00 p.m-8:30 p.m.	<b>Undergraduate Quiz Bowl</b>	

SATURDAY OCTOBER 18, 2025

Event	Time	Speaker and Topic	Location
Registration	7:30 a.m.-12:30 p.m.		
Symposium 1	8:00 a.m.-9:00 a.m.	<b>Novel Findings and Contextual Perspectives from Top-level Super Smash Bros. Ultimate Competition within Performance Psycho-cardiovascular Physiology</b> Dillon Harris, MS, Steven Machek, PhD, Zachary R. McFadden, MCS	
Symposium 2	8:00 a.m.-9:00 a.m.	<b>Can you Outrun a Donut?</b> Jason Karp, PhD	
General Session Founder’s Lecture	9:15 a.m.-10:45 a.m.	<b>Own the Cycle: Menstrual Health and Performance in Female Athletes</b> Jen Bunn, PhD Sam Houston State University	
Symposium 1	11:00 a.m.-12:30 p.m.	<b>New Developments in Non-invasive Techniques in Exercise Physiology</b> Michele Girardi, PhD; Carrie Fergusun, PhD; Harry Rossiter, PhD The Lundquist Institute for Biomedical Innovation at Harbor-UCLA Medical Center	
Symposium 2	11:00 a.m.-12:30 p.m.	<b>Field Measures of Bone Health</b> Vanessa Yingling, PhD Occidental University	
Poster Session 2	12:30 p.m. -2:30 p.m.		