

FRIDAY OCTOBER 17, 2025

Event	Time	Speaker and Topic	Location
Registration	7:30 a.m.-5:00 p.m.		
Symposium 1	8:00 a.m.-9:00 a.m.	Religious Observation and its Impact on Athletic Performance Sponsored by IJES Kimberly Feiler, PhD, and Robert Thomas, PhD La Sierra University Shareef Amer California State University, San Bernardino	Academy 2
Symposium 2	8:00 a.m.-9:00 a.m.	An Update on Plant Proteins for Muscle Recovery Allison Contillo, PhD, RDN Gatorade Sports Science Institute Speaker	Academy 3
General Session DB Dill Lecture	9:15 a.m.-10:45 a.m.	There is No "I" in ACSM: Sports Medicine & Exercise Science Success Takes a Village Carrie Jaworski, MD, FACSM National ACSM President	Academy 2/3
Undergraduate Student Research Competition	11:00 a.m.- 12:30 p.m.	Undergraduate Research Competition	Academy 4/5
Symposium 1	11:00 a.m.-12:30 p.m.	Emerging Methods of Exercise Testing and Prescription for Athletes Robert Pettitt, PhD and Nicholas Jamnick, PhD	Academy 2
Symposium 2	11:00 a.m.- 12:30 p.m.	From Southwest to the Hill: Health Science Policy in Washington DC Christopher Berger, PhD, FACSM, ACSM-EP, CSCS University of Indianapolis	Academy 3
LUNCH	12:30 p.m.- 1:45 p.m.	See website for nearby restaurants	
Graduate Student Research Competition	1:45 p.m.-3:15 p.m.	Graduate Research Competition	Academy 4/5
Symposium 1	1:45 p.m.-3:15 p.m.	Health Effects of Cannabis Matt Schubert, PhD, California State University, San Marcos Whitley Stone, PhD, Western Kentucky University, and Whitney Ogle, PhD, Cal Poly Humboldt	Academy 2
Postdoc and Early Career Investigator Spotlight	3:30 p.m.-5:00 p.m.	Postdoc and Early Career Investigator Spotlight	Academy 4/5
Symposium 1	3:30 p.m. -5:00 p.m.	The Strong Youth Project: Promoting Physical Activity Education, Translational Research, and Programming for Youth Matthew K. Seeley, PhD, LeighAnne Paulson Jodie Jensen, Carrie Jaworski, MD	Academy 2
Faculty Social	4:00 p.m.-5:00p.m.	Network & Connect <i>*Limited to Faculty & Professionals</i>	Academy 3
Poster Session 1	5:00 p.m.-7:00 p.m.	Poster Session	Academy 1
JEOPARDY	7:00 p.m-8:30 p.m.	Undergraduate Quiz Bowl	Academy 2/3

SATURDAY OCTOBER 18, 2025

Event	Time	Speaker and Topic		Location
Registration	7:30 a.m.-12:30 p.m.			
Symposium 1	8:00 a.m.-9:00 a.m.	Novel Findings and Contextual Perspectives from Top-level Super Smash Bros. Ultimate Competition within Performance Psycho-cardiovascular Physiology Dillon Harris, MS, Steven Machek, PhD, Zachary R. McFadden, MCS	Academy 4/5	
Symposium 2	8:00 a.m.-9:00 a.m.	Can you Outrun a Donut? Jason Karp, PhD	Academy 3	
General Session Founder's Lecture	9:15 a.m.-10:45 a.m.	Own the Cycle: Menstrual Health and Performance in Female Athletes Jen Bunn, PhD Sam Houston State University	Academy 2/3	
Symposium 1	11:00 a.m.-12:30 p.m.	New Developments in Non-invasive Techniques in Exercise Physiology Michele Girardi, PhD; Carrie Fergusun, PhD; Harry Rossiter, PhD The Lundquist Institute for Biomedical Innovation at Harbor-UCLA Medical Center	Academy 4/5	
Symposium 2	11:00 a.m.-12:30 p.m.	Field Measures of Bone Health Vanessa Yingling, PhD Occidental University	Academy 3	
Poster Session 2	12:30 p.m. -2:30 p.m.	Poster Session	Academy 1	