

ACSM Southwest Chapter

Here are some brief but important updates from the
Southwest American College of Sports Medicine!



2026 SWACSM Annual Conference

Save the date for the 2026 SWACSM Annual Meeting on October 23rd to 24th, 2026
at the [Hilton Irvine/Orange County Airport!](#)

[Click here to learn more about Irvine, CA!](#)

Present a workshop or tutorial at the 2026 SWACSM Annual Meeting

Nominate yourself or someone to speak
or suggest a topic at the 2026



formed proposal) by emailing
President-Elect Nicole Dabbs
(ndabbs@csusb.edu) or following this
[link](#).

SWACSM 2026 Abstract Submissions

Students are encouraged to present their research at the 2026 SWACSM Annual Meeting, which provides opportunities for students to participate in an oral presentation or poster session. All student research award candidates (expanded abstracts for oral presentation) and poster presenters (general abstracts) should submit abstracts through the [International Journal of Exercise Science \(IJES\) Conference Proceedings website](#).

More information on abstract submission will come in July, 2026.

All abstracts will be published in IJES after the conference concludes.

The submission system for all abstracts will open **August 3rd, 2026**.

General Abstracts

The submission deadline for general abstracts for one of the poster sessions is **Friday, September 25th, 2026, 6:00 pm PDT**.

Student Research Award Competition

The submission deadline for the expanded abstracts for the Student Research Award Competition is **Friday, September 11th, 2026, 6:00 pm PDT**.

For questions regarding General Abstract submissions, contact Dr. Fabiano Amorim (amorim@unm.edu).

For questions regarding the expanded abstract submissions, contact Dr. Matt Seeley (matt_seeley@byu.edu).

2026 SWACSM Recognition Award

Do you know of someone who has made significant contributions to the field of sports medicine or exercise science through scholarly achievement and/or service to SWACSM?

If so, please consider submitting a nomination for the SWACSM Recognition Award.

consideration for future years. For a list of previous winners, please visit our website.

Submit nominations by **Friday September 11th, 2026, at 6:00 pm PDT.**

[Click here to a Recognition Award Nomination](#)

SWACSM 2026 Jeopardy Bowl!

The 15th annual Southwest Student Jeopardy Bowl returns and will be held at the Hilton Irvine/Orange County Airport (18800 MacArthur Blvd., Irvine, CA, 92612) on Friday October 23rd, 2026. All Universities and Colleges are invited to bring a team of 3 currently enrolled undergraduate students to answer questions on categories such as anatomy, bioenergetics, biomechanics exercise physiology, environmental aspects, cardiovascular physiology, sports nutrition, special populations, and ACSM guidelines. Faculty should identify a team of students who can work together in answering questions based on the categories. Each team is encouraged to bring students and faculty to watch and support their team, wear their school colors, and cheer them on to victory!

The format will follow the longstanding television show, Jeopardy. Single jeopardy questions will be easier than double jeopardy, and a final jeopardy question will be the most difficult. All questions will have a dollar amount associated with the answer, and the team with the highest total at the end of the night will be the winner.

The winners of the SWACSM competition will represent the Southwest Chapter at the Annual ACSM meeting in Indianapolis, Indiana in May/June 2027 at the Annual Student Bowl Competition. The SWACSM winning team will also receive ACSM Annual Meeting registration (paid for by the National ACSM) and partial funds for travel, lodging, and food (paid in part by the Regional Chapter). Note that each University or College will be expected to contribute to a portion of the cost.

All Universities interested in competing must register by **5:00pm PDT Friday, October 16th, 2026**, to guarantee your spot in the competition. Although each institution in the region can submit the names for up to two teams, institutions are only guaranteed one spot.

you will need to have:

1. Full names and emails of 3 undergraduate students (one will be named team captain).
2. Name and email of a Faculty mentor/Professional or Graduate student sponsor available to serve as a judge during the competition.
3. PowerPoint or Google slide with all team members' full names, pictures, and the school name and logo.

If you have any questions or would like to volunteer to help run the competition, please contact Member at Large for Abstracts and Awards, Dr. Scott Drum, Scott.Drum@nau.edu.

Congratulations to the newly elected members of the Board of Trustees!

Newly elected members are Dr. Jeff Bernard, PhD, FACSM (President-Elect) and Dr. Zakkoyya H. Lewis, PhD, ACSM EP-C, EIM II (Member-at-Large, Abstract & Awards).

If you would like to be more involved with SWACSM, please keep an eye out for future emails.



SWACSM Attendee Testimonial

maintain my connection with ACSM, increase visibility for my research, and engage with colleagues during a period of career transition as I explored tenure-track and postdoctoral opportunities. Receiving the Early Career Investigator Award for my work validating my open-source HRV analysis platform was both an honor and a meaningful milestone as I began expanding into computation cardiovascular research. The opportunity to deliver an oral presentation alongside the other award recipients was a particularly rewarding experience, and the visibility and professional conversations that emerged from the meeting help support my transition into a postdoctoral position in computational cardiovascular physiology at UC Davis. One of my favorite parts of the conference was the undergraduate and graduate research competitions. Seeing the breadth of emerging research and the strong culture of mentorship on display was a great reminder of what makes SWACSM such a valuable scientific community.”

Dr. Anthony Pinzone, University of California, Davis

SWACSM Exercise Is Medicine (EIM) Campus Highlight

“Exercise is Medicine on Campus (EIM-OC) at CSUMB promotes health by connecting students, faculty, and staff with wellness resources, fitness opportunities, and education programs. Key initiatives include PALs peer mentoring, yoga sessions, employee resistance training, the Run, Walk & Roll Club, and participation in campus events. As a gold-recognized campus, the health center records physical activity as a vital sign and refers students to EIM-OC program. These efforts strengthen community and belonging across campus while preparing students for future careers. Approximately 30 students staff EIM-OC each semester, gaining hands-on leadership experience and applying scientific evidence in real-world settings for others.”

Dr. Lisa Leininger, California State University, Monterey Bay; EIM-OC established 2019; Gold campus status



Interest in adding content to future newsletters or our website?

Are you interested in adding content (e.g., job announcements, research collaboration requests, EIM highlights, testimonials, etc.) relevant to all the SWACSM professionals, professionals-in-training, or students to our upcoming newsletters or website? If so, please reach out to our SWACSM Communications Committee of Marcus Lawrence (marcuslawrence@suu.edu) for the newsletter or Steven Machek (smachek@csumb.edu) for the [website](#). We want to hear from you!

[View this email in your browser](#)

Subscribe

Past Issues

Translate ▼

Medicine. All rights reserved.

Our mailing address is:

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe](#)

