



SWACSM 2026 Submission Information

**Expanded Abstracts for the Student Research
Award Competition Due Friday, September 11,
2026, 5:00 pm, PDT**

**General Abstracts Due Friday, September 25,
2026, 5:00 pm, PDT**

Abstract Submission Link: <https://digitalcommons.wku.edu/ijesab/>

Southwest Chapter of the American College of Sports Medicine

Abstract Submission Instructions

Annual Meeting and Conference, starting Friday, October 23rd, 2026.

You are invited to submit abstracts for a general poster presentation or the student research award competition (expanded abstracts).

Please follow the general and/or student research award-specific instructions for submission.

SWACSM GENERAL ABSTRACTS - Poster Presentations Specific Instructions

1. **Electronic submission only:** All abstracts must be submitted electronically. Poster sessions will be held on Friday, October 23rd, and Saturday, October 24th of 2026. Presenters will be assigned one of these days.
2. **Deadline:** Submit general abstract by Friday, September 25, 2026, 5:00 pm PDT
3. **Author Rules:**
 - a) You may be the first author on only one abstract
 - b) You may co-author several abstracts.
 - c) The first author is considered the presenter and must present the abstract at the meeting.
4. **Membership requirements:** At least one author must be a member of the SWACSM. If one author is an ACSM Fellow, include FACSM after their name.
5. **Review Process:** Abstracts will be reviewed for quality and format. Follow submission directions and template closely to avoid rejection.
6. **Formating:**
 - a) Maximum 2000 characters (no spaces).
 - b) Use the SWACSM abstract template provided (include font and formatting). Deviating from the SWACSM template may result in reviewers requesting revisions and/or the abstract being rejected.
 - c) Use the following subheadings: purpose, methods, results, and conclusions (see the template).
 - d) Carefully check for spelling errors before submitting.
7. **Original work:** Abstracts must be original and not previously published in any other printed or electronic format. They will be published in the *International Journal of Exercise Science*, with delayed publication to allow submission to the national ACSM annual meeting.
8. **Confirmation & Notifications:** Applicant and co-authors will receive an email confirmation after submitting. Keep a copy of the abstract for your records. Final decisions and presentation details will be emailed by one of the SWACSM Abstracts and Awards committee members, Dr. Fabiano Amorim (amorim@unm.edu) or Dr. Matt Seeley (matt_seeley@byu.edu). If not received, check your spam/junk folder or contact them.
9. **Presentation Day Preference:** You can suggest a preferred poster presentation day (Friday or Saturday), but it's not guaranteed.
10. **Poster Requirement:** All accepted presenters must create a visual poster. See example below.

P-curve analysis of the Köhler motivation gain effect in exercise settings: A substantive-methodological synergy



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¹California State University, San Bernardino, ²Drexel University



INTRODUCTION

- Meta-science research has highlighted that journals often favor publishing studies that report statistical significance.
- This trend could create situations where effect size estimates are inflated and not representative of the true, underlying effect size.
- Publication bias could lead to other troubling outcomes such as p-hacking.
- P-curve analysis is a tool that can be used to find if publication bias exists in studies focused on a single effect.
- P-values have a uniform distribution when there is no effect and have a highly skewed distribution when there is likely a true underlying effect.
- The purpose of this study was to demonstrate the p curve technique in a sample of studies that examined the Köhler motivation gain effect in exercise settings.

METHOD

- We conducted a literature review for research examining the Köhler motivation gain effect in adult populations in exercise settings
- Thirteen unique statistical test values with the reported degrees of freedom were extracted.
- P-curve online application (version 4.06) was used for all calculations.

A p-curve can examine a body of literature for the presence of potential p-hacking.

The Köhler motivation gain is likely **not** an outcome of p-hacking practices.

P-curve analysis can be a useful tool that is easy to implement.

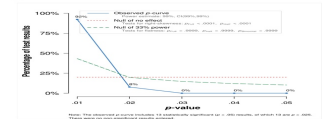
P-curve application and related papers:
<https://www.p-curve.com>

christopher.hill@csusb.edu



RESULTS

- A binomial test indicates that the effect size for the 13 studies have evidential value and are likely not the product of p-hacking ($p = .0001$)
- A continuous test using the aggregate with Stouffer Method indicates there is evidential value using
 - Full p-curve ($Z = -13.61, p < .0001$)
 - Half p-curve ($Z = -12.82, p < .0001$)
- Evidence in power included in the p-curve was 99%



DISCUSSION

The p-curve for studies examining the Köhler effect demonstrates that this effect is likely not a by-product of p-hacking.

The p-curve analysis can be used to examine p-hacking in entire fields, examine specific effects, or examine journals for the presence of p-hacking.

The p-curve can easily be implemented in meta-analyses and other reviews to better understand the nature of the underlying effect.

SWACSM Student Research Award Competition - Expanded Abstracts Specific Instructions

1. **Electronic submission only:** All expanded abstracts must be submitted electronically.
2. **Deadline:** Submit a brief AND expanded abstract by Friday, September 11, 2026, 5:00 pm PDT
3. **Presentation requirement:** Finalists for the student research award competition must present their work in a podium session on Friday, October 23, 2026.
4. **Author roles:**
 - a) You may be the first author on only one abstract
 - b) You may co-author several abstracts.
 - c) The first author (must be a student) is considered the presenter and must present the abstract at the meeting.
5. **Membership requirements:** At least one author must be a member of the SWACSM. If one author is an ACSM Fellow, include FACS following their name.
6. **Review Process:** Expanded abstracts will be blind reviewed by three experts in the field for the competition. Follow submission directions and template closely to avoid rejection.
7. **Formatting:**
 - a) Limited to 5 pages (not counting references)
 - b) Double-spaced, Arial font, 11 cpi, and no larger than 12 cpi.
 - c) Please check for spelling errors prior to submission.
 - d) Include background, purpose, design/methods, results (including optional tables and figures), discussion, and conclusions.
 - e) Carefully check for spelling errors before submitting.

* If the expanded abstract does not follow the above format, it will be returned for revisions.

8. **Advisor information:** Include the advisor/mentor's name and email address. They may be contacted to verify student status and to confirm that the expanded abstract is appropriate for presentation.
9. **Eligibility:** All work reported in the expanded abstract must have been conducted while you were a registered student at an institution in the Southwest Region.
10. **Original work:** Expanded abstracts must be original and not previously published in any other printed or electronic format.
11. **Confirmation & Notifications:** Student Applicant and co-authors will receive an email confirmation after submitting. Keep a copy of the abstract for your records. Final decisions and presentation details will be emailed after the general abstract deadline by one of the SWACSM Abstracts and Awards committee members, Dr. Fabiano Amorim (amorim@unm.edu) or Dr. Matt Seeley (matt_seeley@byu.edu). If not received, check your spam/junk folder or contact them.
12. **Presentation format:** Up to five student presenter finalists per level (undergraduate and graduate) will deliver an oral presentation on Friday, October 23, 2026. Others NOT selected for the competition will present in the general poster session and will not be considered for the award.
13. **Presentation times:**
 - a) Undergraduate Students: 11 am - 12:30 pm on Friday, October 23, 2025.
 - b) Graduate Student: 1:45 pm - 3:15 pm on Friday, October 23, 2025.
14. **Award Ceremony:** Following review of the finalists by competition judges, winners will be announced in the General Session on Saturday, October 24, 2025, from 9:15 am - 10:45 am.
15. **National Competition:** One graduate student will be selected as the overall student research competition winner and will be invited to represent the SWACSM chapter at the ACSM National President's Cup Competition.

All questions regarding abstract submissions or the student research award competition can be directed to:

ABSTRACTS

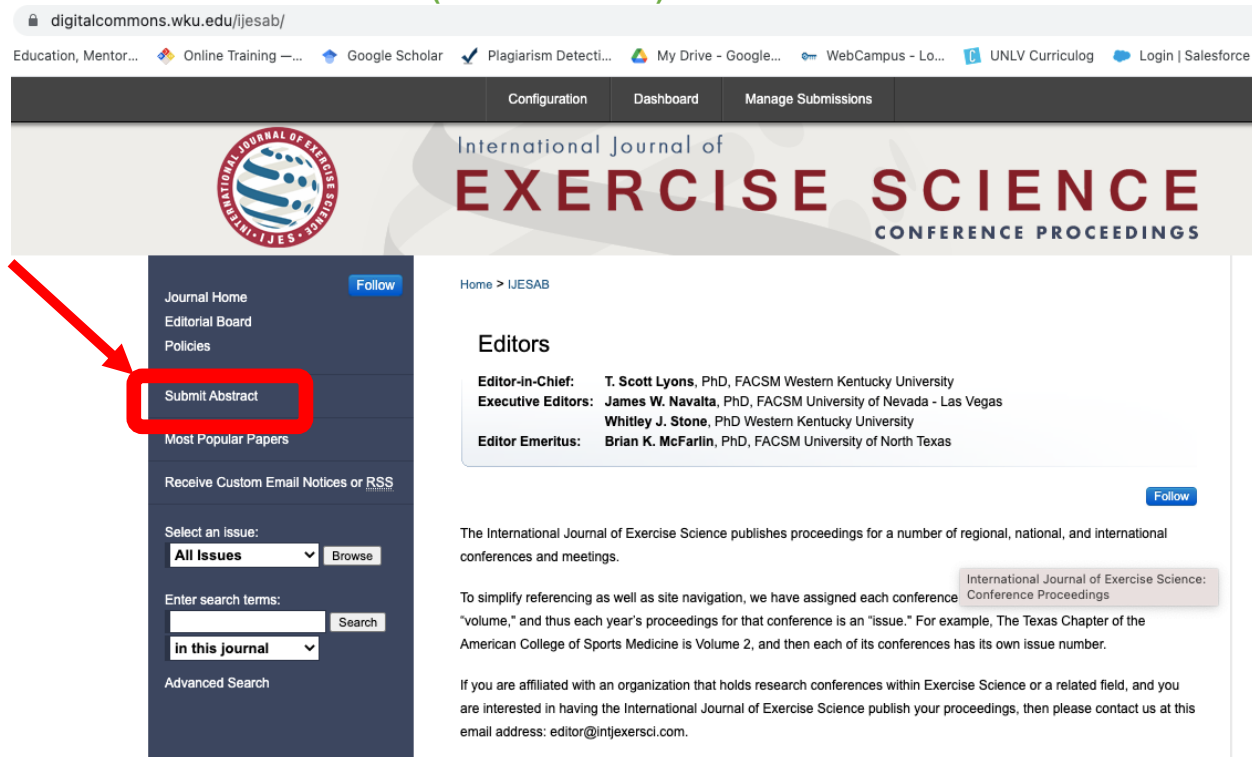
Dr. Fabiano Amorim, SWACSM Abstracts and Awards Committee
Department of Health, Exercise and Sports Sciences, University of New Mexico
Email: amorim@unm.edu

STUDENT RESEARCH AWARD COMPETITION

Dr. Matthew Seeley, SWACSM Abstracts and Awards Committee
Department of Exercise Sciences, Brigham Young University
Email: matt_seeley@byu.edu

Access the International Journal of Exercise Science Conference Proceedings site at:
<https://digitalcommons.wku.edu/ijesab>

Click on “Submit Abstract” (left side menu)



The screenshot shows the website's header with navigation links like 'Configuration', 'Dashboard', and 'Manage Submissions'. The main banner features the journal's logo and title. On the left, a dark sidebar contains a menu with 'Submit Abstract' highlighted by a red box and a red arrow. The main content area lists editors and provides submission instructions.

Have your title (in Title case), author emails, and SWACSM abstract template saved in a known location. Click “Continue”

Follow the instructions below to submit a manuscript to the International Journal of Exercise Science: Conference Proceedings. Shortly afterward, you will receive an email confirming your submission.

The submission process consists of the following steps:

1. Read and accept the Article Submission Agreement
2. Provide information about yourself
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4. Upload your article and related items

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- ▣ **Article Title**
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- ▣ **Article in one of the following formats: PDF, Microsoft Word, WordPerfect, or RTF.**
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No part of the submission is final until all steps have been completed and you click the final **Submit** button. The review process begins as soon as International Journal of Exercise Science: Conference Proceedings receives a readable article, along with the abstract and article title. You may revise any of these elements later by clicking the submitted article's title on your **My Account** page.

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Read the Article Submission Agreement and click "Accept"



Submission Agreement

1

2

3

4

Article Submission Agreement for *International Journal of Exercise Science: Conference Proceedings*

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Warranties & Ownership Overview

Please review the following submission agreement ("Submission Agreement") and indicate your agreement below.

Thank you for submitting an article to *International Journal of Exercise Science: Conference Proceedings* (the "Journal").

To submit an article (the "Article"):

1. You must be the author, or the authorized agent of the author(s) and copyright holder (if different from the author(s));
2. the author(s) must have approved the work for publication;
3. the author(s) must have agreed to submit the article to the Journal;
4. the author(s) must accept full responsibility for the content of the Article;
5. the Article must be the Author(s) original work and must not contain any libelous or unlawful statements or infringe on the rights or privacy of others or contain material or instructions that might cause harm or injury
6. the Article must not have been previously published, is not pending review elsewhere, and will not be submitted for review elsewhere pending the completion of the editorial decision process at the Journal.

By submitting the Article, you represent and warrant that the above are true.



Please click **Accept** if you accept the policies and terms of this agreement, and continue with the next step in the submission process.

Please click **Decline** if you do not accept the terms.

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Enter your First/Given name, Last/Family name, and Institutional Affiliation.

****If you are a Fellow of the American College of Sports Medicine, enter FACSM in the suffix dialogue box.**

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Please be sure to enter your name and affiliation exactly as they should appear on a published article (including appropriate capitalization and punctuation).

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Institutional Affiliation *

(e.g. "University of California, Berkeley")

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Click “Add author” to include coauthors.

Then add the required information and click “Add to list of authors”.

****If a coauthor is a Fellow of the American College of Sports Medicine, enter FACSM in the suffix dialogue box.**

Repeat until all coauthors are included.

Then click “Continue”



Please click **Add author** to enter each co-author. This will be the final author list that appears on your publication. When you have finished, press **Continue**.



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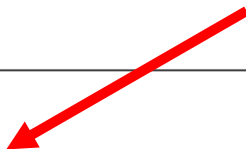
For submission type, select Southwest ACSM Abstract

****NOTE:** If submitting for the student research competition, select either “Student Research Competition – Undergraduate” or “Student Research Competition – Graduate” (instead of Southwest ACSM Abstract)

Type of Submission

Please select your document type:

Southwest ACSM Abstract



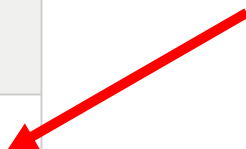
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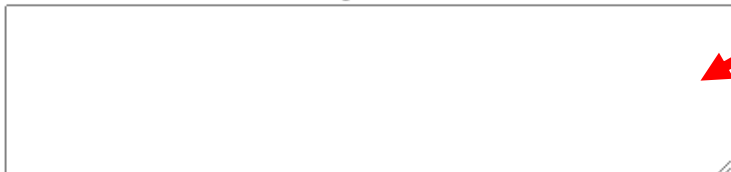
In the Cover Page Footnote dialogue box, enter your preferred presentation date (Friday or Saturday)

Upload the template containing your SWACSM abstract using the Full Text of Submission radio button.

Cover Page Footnote

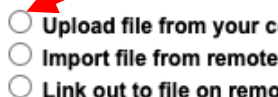
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Full Text of Submission

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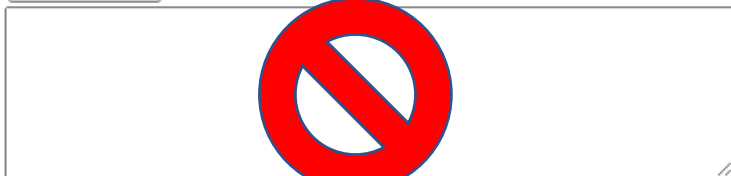
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